



## Starters

**Soup of the Day** €4.50 v/c    **Blue Pool Seafood Chowder** €6.50

**Blue Pool Fish Cake**  
with Lemon Aioli & Spring Leaf Salad €5.95

**Asian Style Chicken Wings**  
with a Soy Dipping Sauce €6.25

**Thai Style Prawns**  
with a Seasonal Leaf Salad with a Lime and Chilli Dressing  
€9.95

**Golden Fried Irish Brie**  
Seasonal Leaves & Cumberland Sauce €8.95 v

## House Speciality

### FRESH LOCAL MUSSELS

Glengarriff Harbour & inner Bantry Bay are renowned as one of the best mussel cultivation areas in the world. Every year tens of thousands of tonnes from our pristine Atlantic waters are exported to all parts of the globe. It takes an average of 18 months for mussels to reach market size.

<b>Crock of Fresh Glengarriff Mussels</b>	Starter	€9.95 c
in a White Wine & Herb Sauce	Main Course	€16.95 c

<b>Thai Red Curry</b>		
of Monkfish, Prawns & Local Mussels with Steamed Rice	€20.95	c

<b>Linguini with Glengarriff Bay Mussels</b>		
in a Spicy Tomato Sauce		€14.95

**Cajun Chicken Salad**  
with Lime Dressing €9.95 c

**BBQ Pork Belly Ribs** €7.95

**Bruchetta** v  
of Char Grilled Vegetables, Parmesan Cheese & Pesto Dressing €6.95

## Seafood

**Pan Seared Fillet of Cod, Mussel & Tomato Stew** €17.95 c

**Linguini with Black Tiger Prawns** €17.95  
Basil & Parmesan Cream Sauce

**Herb Crusted Darné of Salmon with Crispy Prawns** c option  
Sweet Chilli & Sesame Dressing €17.95

**Crispy Fried Cod,**  
Mushy Peas & Chips with Tartar Sauce & Lemon €14.75

**Crispy Cod Burger**  
with Garlic Mayonnaise and Chips 12.95

### Children's Menu available

### 100% Irish Meats

**Sirloin Steak with Pan Fried Mushrooms & Onions c**  
with Garlic Butter or Brandy & Peppercorn Sauce €20.95

**Grilled Irish Pork Chop c**  
Spring Onion Champ, Apple & Cider Sauce €15.95

**Glengarriff Park Hotel Burger €11.95**  
Mushrooms €0.50, Onions €0.50, Bacon €0.50, Cheddar €0.50

**Baked Beef Lasagne**  
with Garlic Bread and Summer Leaf Salad €12.95

### Roast of the Day

with Creamed Potatoes, Buttered Vegetables & Red Wine Jus    Priced Daily

### Poultry Dishes

**Oven Roasted Breast of Chicken, Black Tiger Prawns**  
with a Lemon and White Wine Sauce €16.50

**Chicken and Vegetable Stir Fry**  
with Steamed Rice €14.95 v option / c

**Honey Roast Half Duck**  
Asian Leaves & Field Mushrooms, Ginger & Soy Dressing €19.95

**Sizzling Chicken Fajita**  
with Tomato & Red Onion Salsa, Sour Cream & Flour Tortillas €14.95 v option

**Traditional Indian Style Chicken Curry**  
with Steamed Rice and Poppadom €15.95 v option / c option

**Penne Pasta with Chicken & Broccoli, Sun dried Tomatoes**  
in a Parmesan Cream Sauce 14.95 v option

V = Suitable for Vegetarian / V Option = Available for Vegetarian  
C = Suitable for Coeliac

### Desserts

**Baileys Cheesecake**  
with Fruit Coulis & Fresh Cream

**Warm Deep Dish Apple Pie**  
with Cream

**Baked Lemon Tart**  
with Fresh Cream & Raspberry Coulis

**A Selection of Ice Creams**  
served with Wafers

**Rich Dark Chocolate Cake**  
with Coulis & Cream

**All Desserts € 5.95**